

BIKE 7

FERGUSON & WEST HARBOUR

Downtown / Aldershot

Connection Points:

Downtown (Corktown Park at Ferguson Ave / Young St)

Aldershot (Aldershot GO/VIA Station at Waterdown Rd / Hwy 403)

Distance:

14 km (1.5 hrs leisurely)

Route Design:

MODERATE

Combination of on-street and trail; All paved; Stairs with trough at High Level Bridge connecting Desjardins Canal to York Blvd

Take care crossing Hwy 403 ramps and on Plains Rd; If travelling from Aldershot to Downtown do not cross York Blvd at the High Level Bridge

City Transit Access:

Downtown: many HSR routes
Aldershot: HSR #18, Burlington Transit #1

Inter-city Transit Access:

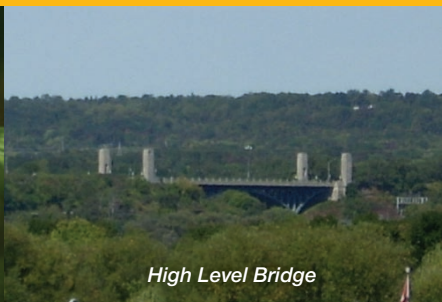
Downtown: Hamilton GO Centre (GO Transit, Coach Canada, Greyhound)
Aldershot: Aldershot GO/VIA Station

Parking Access:

See Map

ATTRACTIONS ALONG THE WAY:

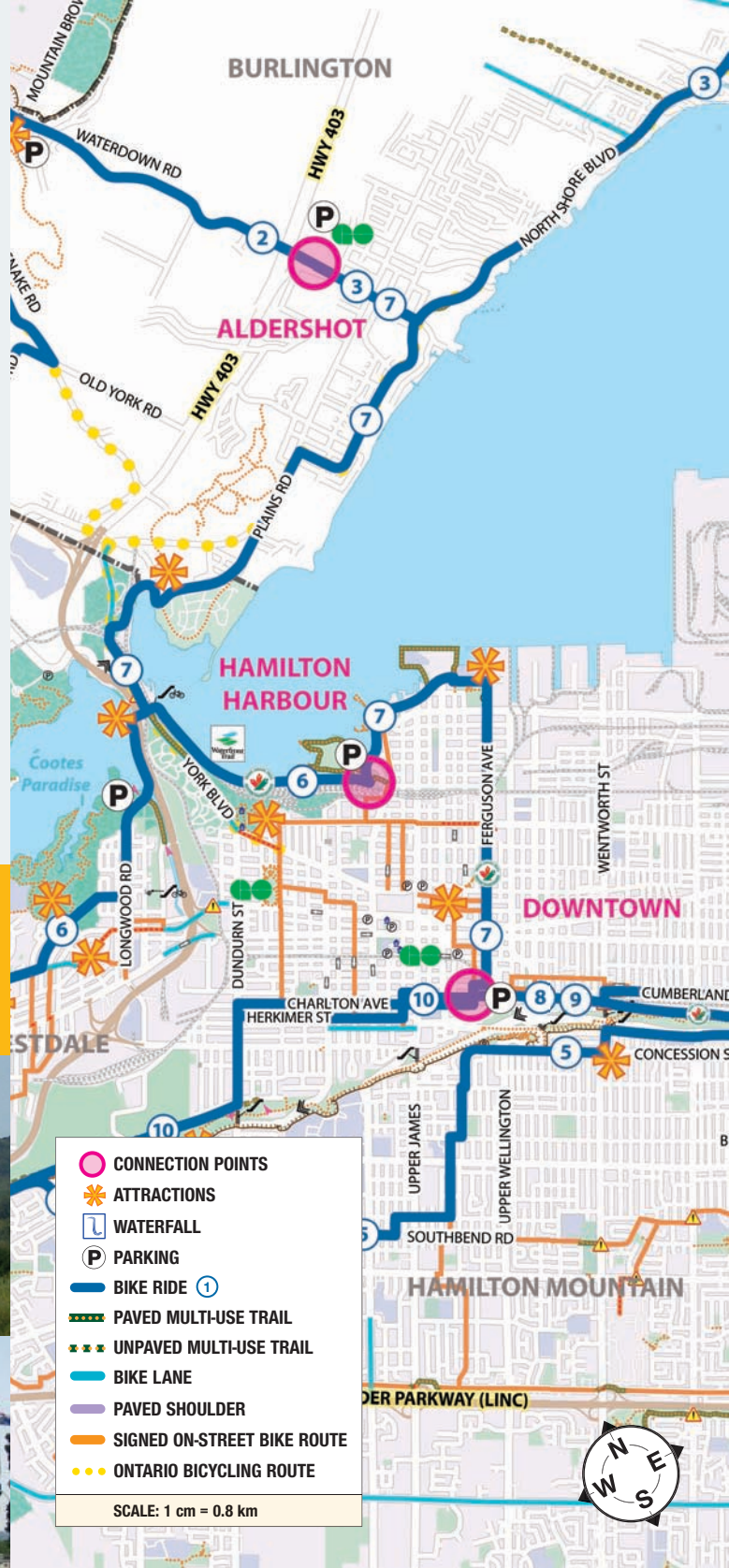
Downtown shops, Waterfront Trail, HMCS Haida, Bayfront Park, Desjardins Canal & Fishway, Cootes Paradise, High Level Bridge Vistas, Royal Botanical Gardens (RGB)



High Level Bridge



HMCS Haida



For greater detail of mapping see "Bike Routes, Trails & Parks" map.